

Great Ormond Street Hospital for Children



NHS Trust

Great Ormond Street
London WC1N 3JH
Tel: 020 7813 8541

Chronic Fatigue Service

Referral criteria

The following criteria need to be fulfilled in order for patients to be accepted into the GOSH CFS/ME service for assessment. :

- Patient must be referred by an NHS paediatrician where the paediatrician has ongoing input / provides ongoing review for that patient
- Referral letter must include medical history, investigations performed and results of these, and all treatments offered and tried. Copies of other relevant letters should accompany the referral.
- Referral letter must also include recent weight and height (including the date on which this was recorded)
- Patient must have fatigue (at least 3 months in duration) as a primary symptom. This fatigue should not be explained by any other medical or psychiatric condition, in accordance with both the CDC and Oxford criteria.
- Pain should not be the primary symptom
- Patient should usually be between 10 and 17 years of age at time of appointment
- Patient must not be seen by any other team for their fatigue or already having ongoing rehabilitation from 2 or more professionals for any illness / related symptom. These patients would only be seen by GOSH CFS/ME team in exceptional circumstances and where there was a clear understanding that GOSH would work alongside local services.

In addition:

- All referrals should be discussed with at least 2 members of the CFS/ME team at one of the two clinical meetings held within the week (Wednesdays and Fridays)
- Each referral to be accepted or rejected – following team discussion – by a Consultant (Medical or Nurse)

Great Ormond Street CFS/ME Paediatric referrals

All patients referred must meet the Great Ormond Street Hospital paediatric CFS/ME criteria.

Referrals can be directed to either Anna Gregorowski or Dr. Vic Larcher at:

Adolescent Medicine Department
Great Ormond Street hospital for children NHS trust
Great Ormond Street
London
WC1N 3JH

For any other enquiries please contact the Adolescent Team secretary on:
020 7813 8541